

Health Disparities Among Sexual and Gender Minorities (SGM) Workshop

March 1 – 2, 2023

National Institute on Minority Health and Health Disparities (NIMHD)
Zoom Virtual Meeting

Workshop Goal and Objectives

The goal of this virtual two-day meeting is to identify priority research areas to understand and address SGM health disparities. Specifically, the workshop objectives are to identify research gaps in: (1) data sources and measures that can be used to assess and address SGM health disparities, (2) mechanisms and pathways that drive/cause SGM health disparities, and (3) interventions with the potential to mitigate/reduce SGM health disparities. The workshop will bring together a diverse set of researchers with expertise on important health outcomes (e.g., cancer, mental/behavioral health, cardiovascular disease, diabetes and obesity, and pandemic-related disparities) among SGM (e.g., lesbian, gay, bisexual, transgender, two-spirit, queer, and others) populations.

NIH Planning Committee

Rada K. Dagher, PhD, MPH, Workshop Chair, Program Official, Division of Clinical and Health Services Research, NIMHD
Deborah E. Linares, PhD, MA, Program Official, Division of Integrative Biological and Behavioral Sciences, NIMHD
Erik J. Rodriguez, PhD, MPH, Staff Scientist, Division of Intramural Research, National Heart, Lung, and Blood Institute (NHLBI)
Christopher Barnhart, PhD, Health Science Policy Analyst, Sexual and Gender Minority Research Office (SGMRO)
Jennifer Alvidrez, PhD, Senior Advisor for Health Disparities, Office of Disease Prevention (ODP)
Miya Whitaker, PsyD, MA, Program Official, Office of Research on Women’s Health (ORWH)

WEDNESDAY, MARCH 1, 2023

All times listed are Eastern Standard Time (UTC -5)

11:00 a.m. – 11:10 a.m.	Workshop Overview <i>Rada K. Dagher, PhD, MPH, NIMHD, Chair of the Workshop Planning Committee</i>
11:10 a.m. – 11:30 a.m.	NIH Welcome Remarks and NIMHD Perspective <i>Eliseo J. Pérez-Stable, MD, NIMHD Director</i>
11:30 a.m. – 11:50 a.m.	Keynote: State of the Science for Research on Health Disparities Among SGM <i>Brian Mustanski, PhD, Northwestern University Institute for Sexual and Gender Minority Health and Wellbeing</i>
11:50 a.m. – 12:00 p.m.	Q&A

Session IA: Leading Causes of Death and Disability in SGM Populations

Moderator: Deborah E. Linares, PhD, MA, NIMHD

Describe the leading causes of death and disability in SGM populations and unmet health care needs, including national and/or regional trends.

12:00 p.m. – 12:15 p.m.	State of Cardiovascular Health Research Among Sexual and Gender Minority Populations: Gaps and Opportunities <i>Billy Caceres, PhD, RN, Columbia University School of Nursing</i>
12:15 p.m. – 12:30 p.m.	Leading Causes of Death and Disability in Sexual and Gender Minority Populations: Cancer <i>Mandi L. Pratt-Chapman, PhD, MA, George Washington University Cancer Center</i>
12:30 p.m. – 12:45 p.m.	Lessons Not Learned From the HIV Pandemic: Disproportionate Impacts of COVID-19 and Mpox on SGM Populations <i>Gregory Phillips II, PhD, MS, Northwestern University Feinberg School of Medicine</i>
12:45 p.m. – 1:00 p.m.	An Overview of Mental and Behavioral Health Inequities Among LGBTQ+ Individuals <i>Megan Schuler, PhD, RAND Corporation</i>
1:00 p.m. – 1:15 p.m.	Q&A
1:15 p.m. – 1:45 p.m.	Lunch Break

Session IB: Methodological Issues in SGM Research

Moderator: Deborah E. Linares, PhD, MA, NIMHD

Discuss methodological challenges in conducting SGM research, including data, analytical, measurement, sampling, and intersectionality challenges.

1:45 p.m. – 2:00 p.m.	Unmet Data Needs: Considerations on Including Sexual Orientation and Gender Identity in Administrative Systems <i>John Blosnich, PhD, MPH University of Southern California Suzanne Dworak-Peck School of Social Work</i>
2:00 p.m. – 2:15 p.m.	Methodological Challenges in Classifying Sexual and Gender Orientation in Violent Deaths <i>Susan D. Cochran, PhD, UCLA Fielding School of Public Health</i>
2:15 p.m. – 2:30 p.m.	Methodological Challenges in Studying Intersectionality <i>Vickie Mays, PhD, MSPH, UCLA College of Letters and Sciences</i>
2:30 p.m. – 2:45 p.m.	Q&A

Session II: Social and Structural Drivers of SGM Health Disparities

Moderator: Rada K. Dagher, PhD, NIMHD

Discuss social and structural drivers of SGM health disparities such as racism/discrimination, access/quality of care, stressors, and other social determinants of health.

2:45 p.m. – 3:00 p.m.	<p>How Social Policies Shape the Health and Well-Being of Sexual- and Gender-Minority Youth: Implications for Life-Course Trajectories <i>Morgan Philbin, PhD, MHS, University of California San Francisco</i></p>
3:00 p.m. – 3:15 p.m.	<p>Improving Access to Gender Affirming Care: Threats and Opportunities <i>Daphna Stroumsa, MD, MPH, MSc, University of Michigan Health</i></p>
3:15 p.m. – 3:30 p.m.	<p>Trauma-Informed Approaches to Sexual and Gender Stigma at Different Stages of Development <i>Lisa M. Diamond, PhD, University of Utah College of Social and Behavioral Science</i></p>
3:45 p.m. – 4:00 p.m.	<p>Structural Determinants of Sexual Minority Women’s Reproductive Health <i>Bethany Everett, PhD, University of Utah</i></p>
4:00 p.m. – 4:15 p.m.	Q&A
4:30 p.m. – 4:45 p.m.	Break
<p>Wrap-Up Discussion – First Day <i>Moderator: Karen L. Parker, PhD, MSW, SGMRO</i></p>	
4:45 p.m. – 5:30 p.m.	<p>Integrating Across Sessions and Discussing Research Directions <i>Moderator: Karen L. Parker, PhD, MSW, SGMRO Director</i></p>
5:30 p.m.	Adjourn

THURSDAY, MARCH 2, 2023

All times listed are Eastern Standard Time (UTC -5)

10:00 a.m. – 10:05 a.m.

Welcome Remarks

Rada K. Dagher, PhD, NIMHD

Session IIIA: Intersection Between SGM and Other Populations That Experience Health Disparities

Moderator: Erik J. Rodriguez, PhD, MPH, NHLBI

Describe the patterns and drivers of health disparities in SGM populations with intersecting social statuses.

10:05 a.m. – 10:20 a.m.

Health Disparities Experienced by Transgender People of Color

Rodrigo Aguayo-Romero, PhD, Whitman-Walker Institute

10:20 a.m. – 10:35 a.m.

Health Disparities Experienced by Lesbian and Bisexual Women of Color

Corey Flanders, PhD, Mount Holyoke College

10:35 a.m. – 10:50 a.m.

Stigma as a Social Determinant of Mental Health Disparities Experienced by Sexual and Gender Minority Persons in Rural Communities

Sarah Murray, PhD, MSPH, Johns Hopkins University Bloomberg School of Public Health

10:50 a.m. – 11:05 a.m.

Q&A

Session IIIB: Intersection Between SGM and Other Populations That Experience Health Disparities

Moderator: Christopher Barnhart, PhD, SGMRO

Discuss how stigma impacts health outcomes among people with intersecting social statuses.

11:05 a.m. – 11:20 a.m.

Intersectional Experiences, Stigma-Related Stress, and Psychological Health Among Black LGBTQ+ People

Skyler Jackson, PhD, Yale University School of Public Health

11:20 a.m. – 11:35 a.m.

Inequalities Among LGBTQ Adults With Sensory Disabilities

Poorna Kushalnagar, PhD, Gallaudet University

11:35 a.m. – 11:50 p.m.

Health Inequities and Thrivance Among American Indian and Alaska Native LGBTQ/Two Spirit Populations

Karina L. Walters, MSW, PhD, University of Washington School of Social Work

11:50 a.m. – 12:05 p.m.

Q&A

12:05 p.m. – 12:15 p.m.

Break

Session IVA: Gaps and Opportunities in Intervention Research Addressing SGM Health Disparities

Moderator: Rada K. Dagher, PhD, NIMHD

Discuss gaps and opportunities in intervention research, including measurement, data, and analytical challenges.

12:15 p.m. – 12:30 p.m.	Intervention Research: Challenges and Opportunities <i>José A. Bauermeister, PhD, MPH, University of Pennsylvania School of Nursing</i>
12:30 p.m. – 12:45 p.m.	LGBTQ-affirmative Cognitive Behavior Therapy: From Theory to Trials to Community Implementation <i>John Pachankis, PhD, Yale University School of Public Health</i>
12:45 p.m. – 1:00 p.m.	Optimizing Interventions to Address Structural Risks and Substance Use Among Sexual and Gender Minority Populations <i>Stefan Baral, MD, Johns Hopkins University Bloomberg School of Public Health</i>
1:00 p.m. – 1:15 p.m.	Promoting Sexual and Gender Minority Health Equity: Assessing the Impact of U.S. State Laws on Intersecting Structural and Health Inequities <i>Madina Agénor, ScD, MPH, Brown University School of Public Health</i>
1:15 p.m. – 1:30 p.m.	Q&A
1:30 p.m. – 2:00 p.m.	Lunch Break

Session IVB: Gaps and Opportunities in Intervention Research Addressing SGM Health Disparities

Moderator: Miya Whitaker, PsyD, MA, ORWH

Discuss gaps and opportunities in intervention research, including measurement, data, and analytical challenges.

2:00 p.m. – 2:15 p.m.	Challenges and Opportunities in SGM Clinical Research, Including Health Care Interventions <i>Amy C. Tishelman, PhD, Boston College</i>
2:15 p.m. – 2:30 p.m.	Considerations for School and Community-Based Prevention Interventions for LGBTQ+ Adolescents <i>Jeremy T. Goldbach, PhD, LMSW, Washington University in St. Louis Brown School of Social Work</i>
2:30 p.m. – 2:45 p.m.	Computational Methods and Technology-Delivered Interventions for Sexual and Gender Minority Health <i>Cory J. Cascalheira, PhD Candidate, LSAA, New Mexico State University</i> <i>Ian W. Holloway, PhD, LCSW, MPH, University of California Los Angeles</i>
2:45 p.m. – 3:00 p.m.	Q&A

Session V: Breakout Sessions on Key Research Areas

3:00 p.m. – 3:45 p.m.	<p>Concurrent Breakout Sessions on Key Research Areas</p> <ul style="list-style-type: none"> ○ Etiology-based Research on Social and Structural Drivers of Disparities <ul style="list-style-type: none"> ▪ <i>Moderator: Rada K. Dagher, PhD, MPH, NIMHD</i> ○ Intervention Research <ul style="list-style-type: none"> ▪ <i>Moderator: Christopher Barnhart, PhD, SGMRO</i> ○ Data Needs <ul style="list-style-type: none"> ▪ <i>Moderator: Jennifer Alvidrez, PhD, ODP</i>
3:45 p.m. – 4:30 p.m.	<p>Report Back and Discussion of Key Research Areas</p>
4:30 p.m. – 4:35 p.m.	<p>Final Thoughts <i>Moderators: NIH Planning Committee Members</i></p>
4:35 p.m.	<p>Adjourn</p>