**HD Pulse**

An Ecosystem of Minority Health and Health Disparities Resources

HD Pulse is an online resource that provides researchers, public health professionals, policymakers, and students with data and intervention materials to enhance their minority health and health disparities initiatives.

The HD Pulse ecosystem consists of two easy-to-use portals.

**HD Pulse Data Portal**

The Data Portal provides quick access to descriptive statistics, interactive graphics, and maps at the national, state, and county levels. These tools can be used to identify health disparities and motivate action. This mobile-friendly resource is easy to navigate and explore.

- Explore spatial and temporal trends
- Identify geographic patterns
- Examine determinants through a socioecological framework

**HD Pulse Interventions Portal**

The Interventions Portal *(launching in late 2022)* will provide easy access to interventions that have shown to improve minority health or reduce health disparities. This user-friendly tool can inform the design, implementation, evaluation, and refinement of interventions for populations in your community.

- View publications on evidence-based interventions
- Access downloadable products and materials
- Submit interventions that have successfully improved minority health and reduced health disparities


HD Pulse is part of NIMHD’s Scientific Advancement Plan to improve health equity by advancing the science of minority health and health disparities. NIMHD envisions an America in which all populations have equal opportunities to live long, healthy, and productive lives. To accomplish this, NIMHD raises national awareness about the prevalence and impact of health disparities and disseminates effective individual-, community-, and population-level interventions to reduce and eliminate health disparities.