### Disparities and Dynamics: A Life Course Approach to Work and Health in Later Adulthood

#### Phyllis Moen, Sarah Flood, and Joseph Pedtke

Life Course Center - U. of Minnesota

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#### Role of Work in Health Disparities in the US Workshop

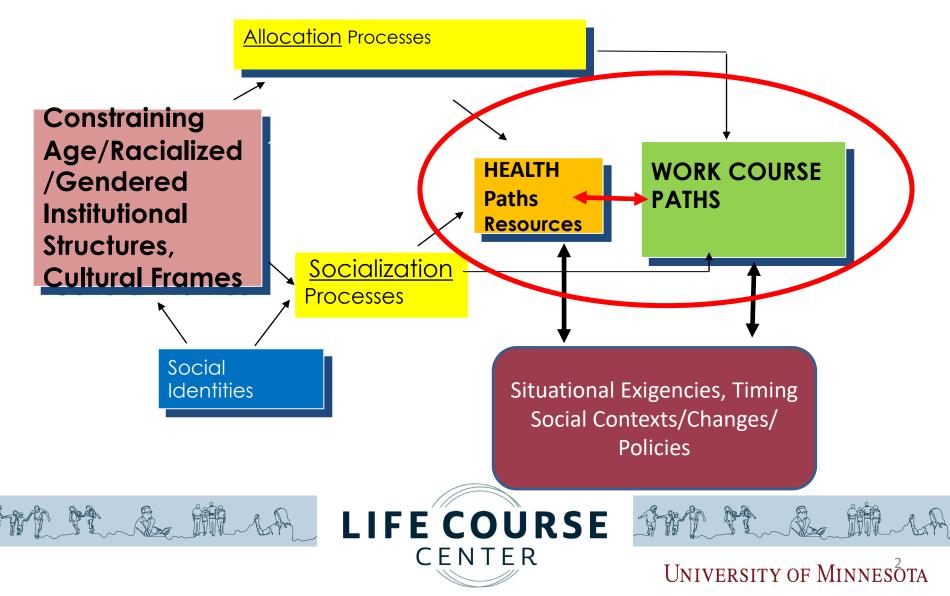
National Institute on Minority Health and Health Disparities

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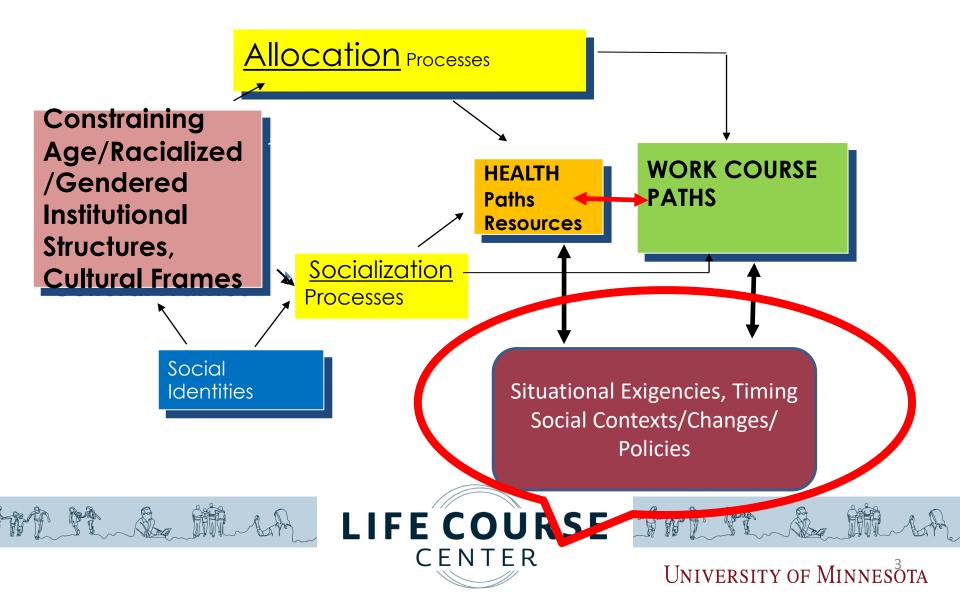


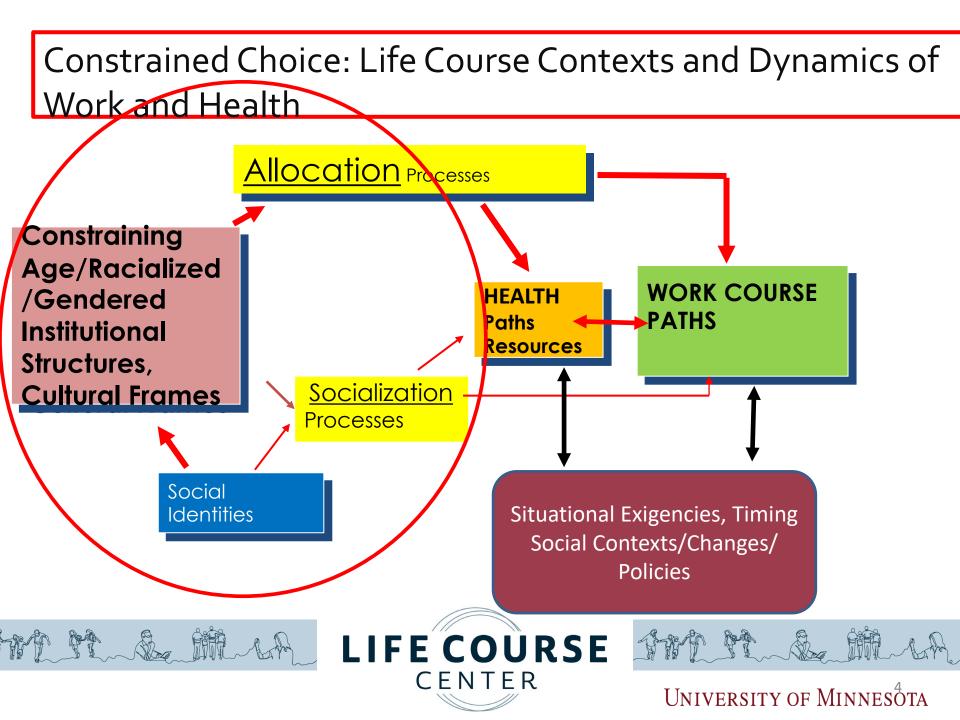


# Constrained Choice: Life Course Contexts and Dynamics of Work and Health



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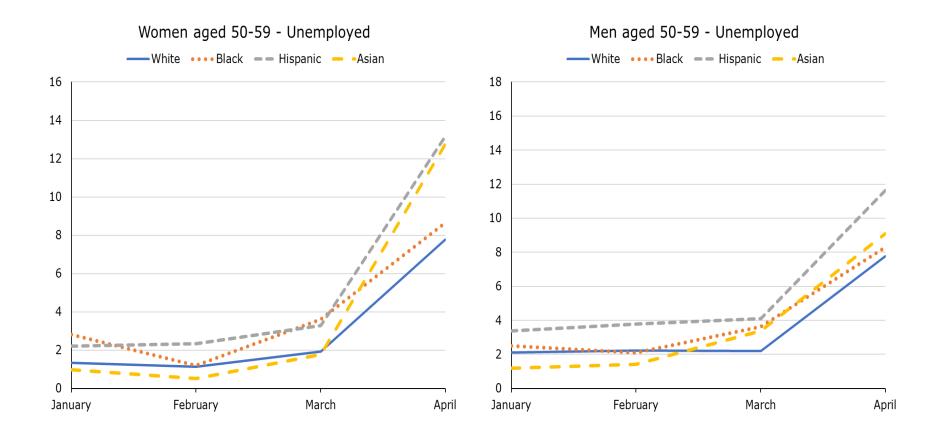
# Disparities and Dynamics in COVID-19 effects

#### **Cross-Sectional CPS Data Ages 50-59**





#### COVID Effects, Unemployment in the 50s (Moen et al, 2020 Work, Aging, & Retirement)

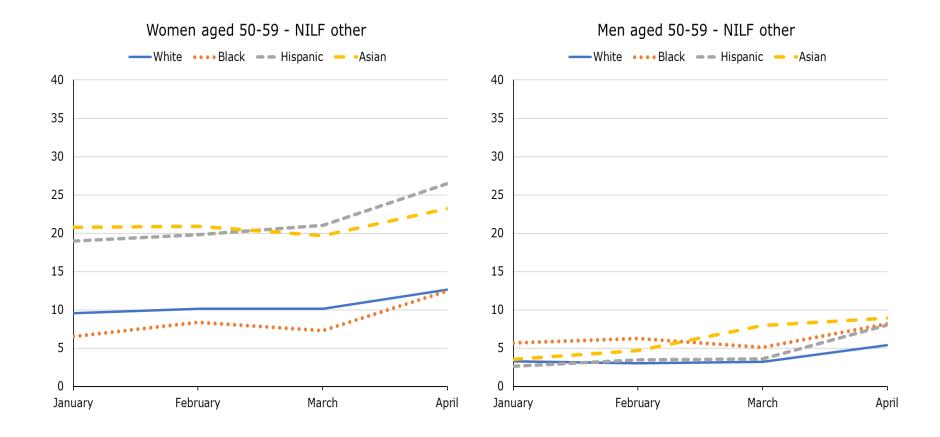








#### COVID Effects, NILF, Other Reasons (50s) (Moen et al, 2020 Work, Aging, & Retirement)





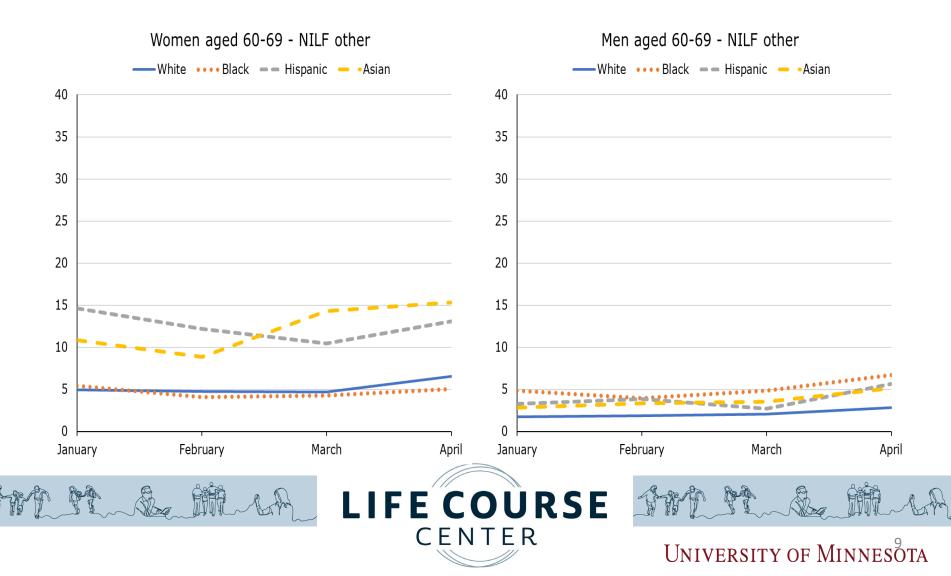




#### COVID Effects, Unemployment in the 60s (Moen et al, 2020 Work, Aging, & Retirement)



# COVID Effects, NILF, Other Reasons (60s) (Moen et al, 2020 Work, Aging, & Retirement)



## Implications for Future Research Priorities

- Intersectional Approach -- GENDER, RACE, CLASS but also AGE (Need Large or Targeted Samples and Person-Centered Analyses)
- **Transitions and Trajectories** capturing **dynamics** of health/work interface over time

**Cumulative Dis/advantages** – Who is NOT working earlier in the life course? Who leaves work? Who has prior health difficulties or onset of health conditions? Who retains/gains good health? **(Need Panel Data)** 

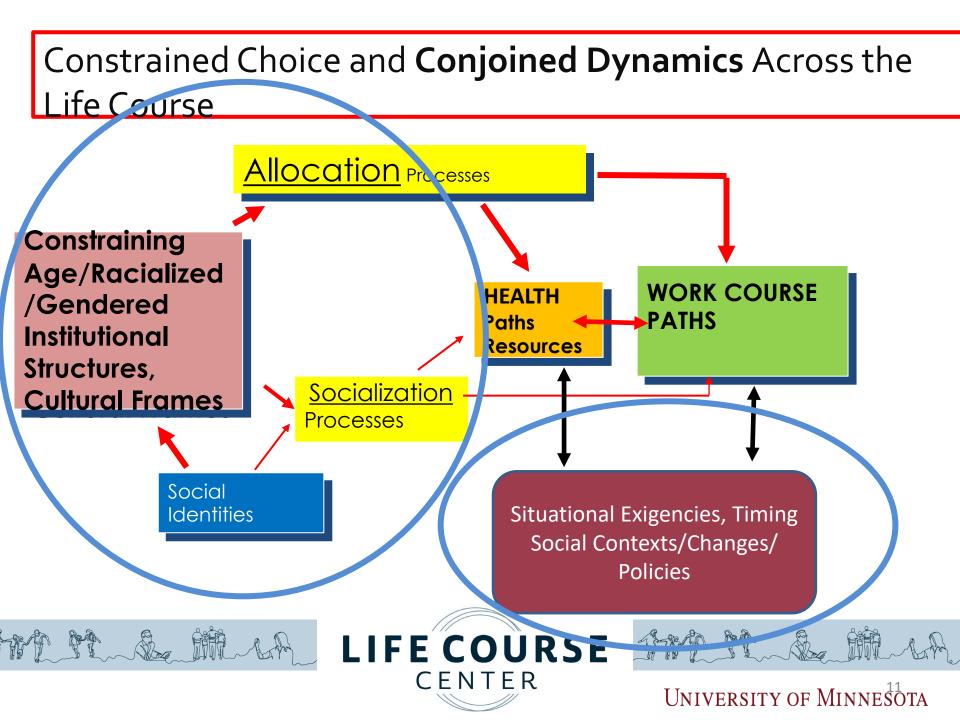
- Contexts
  - Systems of Inequality Shaping Paths, Possibilities
  - Transformative Demographic, Technological, Public Health, Economic, and Policy Contexts (Need Recent Data; Natural Experiments)

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- Personal Family Exigencies (Need couple/household Data)
- Constrained Choices voluntary/involuntary work paths, (timing, exits, (re)entries); voluntary/involuntary working conditions (Need Subjective Measures)

LIFE COURSE

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## Thank you!





